



Age Group Eligibility Chart for Fall 2025 – Spring 2026

Revised 04/23/2025



Age Group	Birth Date (born between)	Program Format	Ball Size
U4 (coed)	Jan. 1, 2022 – Dec. 31, 2022	Combined practice & 3 v 3 play – no keeper 20-min. practice, 20-min. intrasquad scrimmage. Pop-up goals	3
U5 (coed)	Jan. 1, 2021 – Dec. 31, 2021	Combined practice & 3 v 3 play – no keeper 20-min. practice, 20-min. intersquad scrimmage. Pop-up goals	3
U6	Jan. 1, 2020 – Dec. 31, 2020	5 v 5 no keeper 8-min. quarters 4 x 6 goals	3
U7	Jan. 1, 2019 – Dec. 31, 2019	6 v 6 with keeper 10-min. quarters 6 x 12 goals	3
U8	Jan. 1, 2018 – Dec. 31, 2018		
U9	Jan. 1, 2017 – Dec. 31, 2017	7 v 7 with keeper 25-min. halves 6 ½ x 18 ½ goals	4
U10	Jan. 1, 2016 – Dec. 31, 2016		
U11	Jan. 1, 2015 – Dec. 31, 2015	9 v 9 with keeper 25-min. halves 6 ½ x 18 ½ goals	4
U12	Jan. 1, 2014 – Dec. 31, 2014		
U13	Jan. 1, 2013 – Dec. 31, 2013	MSSA 11 v 11 with keeper 30-min. halves 8 x 24 goals	5
U14	Jan. 1, 2012 – Dec. 31, 2012		
U15	Jan. 1, 2011 – Dec. 31, 2011		
U16	Jan. 1, 2010 – Dec. 31, 2010	HSSA 11 v 11 with keeper 35-min. halves 8 x 24 goals (coed)	5
U17	Jan. 1, 2009 – Dec. 31, 2009		
U18	Jan. 1, 2008 – Dec. 31, 2008		
U19	Jan. 1, 2007 – Dec. 31, 2007		